

## BELS Advisory Team for Autistic Children and Young People

### **BACPAC: Barnet Autism Course for Parents And Carers. An Online Parent/Carer Training Course**

#### **Summer Term (2) 2026**

A comprehensive training and support programme for parents/carers of children **aged 7-19**, with a **diagnosis of Autism**.

This course is available free of charge to **families living in Barnet**.

**A 6-session online training course, covering topics including:**

- An overview of what it means for your child to be Autistic.
- Communication.
- Sensory needs.
- Understanding emotional regulation/'behaviour'.

This course also gives parents/carers an opportunity to learn together and share experiences online.

Please do not sign up if you have already attended this course, or the Cygnets Course.

**BACPAC: Barnet Autism Course for Parents and Carers.  
Summer Term 2026 Two, A 6-session morning course.**

**Dates and times:**

Tuesday 2<sup>nd</sup> June 10-11.30am

Tuesday 9<sup>th</sup> June 10-11.30am

Tuesday 16<sup>th</sup> June 10-11.30am

Tuesday 23<sup>rd</sup> June 10-11.30am

Tuesday 30<sup>th</sup> June 10-11.30am

Tuesday 7<sup>th</sup> July 10-11.30am

**Sign up form here: [BACPAC: Barnet Autism Course for Parents And Carers, June & July 2026. Sign-up form. – Fill in form](#)**

For any enquires please email [Autism.Team@barnet.gov.uk](mailto:Autism.Team@barnet.gov.uk) with 'BACPAC course' as the subject, thanks.