

ANTI-BULLYING POLICY

Responsibility of (see policy tracking sheet):	Saracens Bell Lane
Approved by:	Local Governing Body
Date Approved (by above):	7 th October 2024
Next Review due by:	October 2026

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1. Aims

This policy is based on DfE guidance <u>Preventing bullying - GOV.UK and supporting</u> documents. It also takes into account the DfE statutory guidance <u>Keeping children safe in</u> <u>education - GOV.UK (www.gov.uk)</u> and the Saracens Multi-Academy Trust (SMAT) Procedure for Handling Allegations of Child on Child Abuse.

As an inclusive school which aims to provide opportunities for pupils of all abilities, it is crucial to provide a learning environment and community which enables each pupil to feel happy, safe and valued so that they can enjoy learning and achieve their full potential. Bullying is a whole school issue which requires a consistent approach from all stakeholders. Preventative action is also highly important if bullying is to be tackled effectively.

At Saracens Bell Lane (SBL) we aim to:

- Create a positive and safe learning environment for all pupils so they can achieve their potential
- Ensure that all staff can identify and respond to bullying behaviour consistently across the school
- Educate and support pupils in making decisions which do not deliberately harm or upset others and prevent them from feeling happy and safe in school
- Raise awareness among pupils and parents/carers about the signs of bullying behaviour so they know what action to take if a pupil is being bullied.

2. What Is Bullying?

Bullying is 'behaviour by an individual or a group, repeated over time that intentionally hurts another individual either physically or emotionally'. (DfE 'Preventing and Tackling Bullying, July 2017').

It can take many forms such as:

- **Verbal** name calling, insulting others, making offensive remarks, racist or homophobic remarks, making threats, disrespectful language
- **Physical** pushing, hitting, kicking, taking others' belongings or hurting the individual with equipment
- **Emotional** deliberately excluding others, spreading nasty stories or rumours about someone, intimidation and harassment
- Written passing hurtful notes about others, offensive and threatening graffiti or other written material
- **Sexual** unwanted and inappropriate physical contact or sexually abusive comments including sexism, sexting, youth produced sexual imagery and sexual harassment
- **Cyber** sending inappropriate and cruel text or video messages, emails or instant messages which are designed to cause harm or offence; encouraging others to participate in spreading harmful text messages, instant messages and emails; setting up websites or contributing to content on social networking sites which aim to embarrass, upset or hurt individuals or groups of individuals; manipulating photographs and images to harm another person; harassing another pupil with repeated and offensive phone calls; using social networking sites to abuse another pupils' personal information or posts without the owner's consent.

Child on Child abuse

All adults should be aware that children can abuse other children (often referred to as 'child on child' abuse). This is most likely to include, but may not be limited to:

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• bullying (including cyberbullying)

- physical abuse such as hitting, kicking, shaking, biting, hair pulling, or otherwise causing physical harm
- sexual violence
- sexual harassment, such as sexual comments, remarks, jokes and online sexual harassment, which may be stand-alone or part of a broader pattern of abuse
- causing someone to engage in sexual activity without consent, such as forcing someone to strip, touch themselves sexually
- consensual and non-consensual sharing of nude and semi-nude images and/or videos (also known as sexting or youth produced sexual imagery)
- up skirting, which typically involves taking a picture under a person's clothing without them knowing, with the intention of viewing their genitals or buttocks to obtain sexual gratification, or cause the victim humiliation, distress or alarm
- initiation/hazing type violence and rituals (this could include activities involving harassment, abuse or humiliation used as a way of initiating a person into a group and may also include an online element).

The following groups are particularly vulnerable to bullying and all stakeholders should pay particular attention to this:

- LGBTQ+ (including children questioning their gender) pupils
- Disabled pupils
- Pupils belonging to religious groups
- Ethnic minority pupils
- Travellers
- Pupils with Special Educational Needs and Disabilities (SEND) or More Able pupils
- Pupils who are overweight, looked after children (LAC), pupils from socially and economically deprived backgrounds, young carers.

3. Signs and Symptoms of Bullying

- Pupil does not want to come to school, pretending to be ill, attendance starts to decrease
- Lack of eye contact from pupil
- Pupil starts to withdraw from normal activities in school
- Minimising windows on their computer screen. This could be an indication that malicious emails or messages have been received
- Personality changes e.g. becoming less sociable, lack of confidence, tearful, irritable, hypersensitivity, mood swings, loss of humour
- Changes to eating habits
- Withdrawing from social situations not spending time with friends, alone at break and lunchtimes
- Negative outlook
- Poor concentration, panic attacks, forgetfulness, fatigue, stress
- Low self-confidence and self-esteem
- · Lack of self-worth
- Self-harming and threatening suicide
- Changing their normal route to and from school.

4. Preventative Action

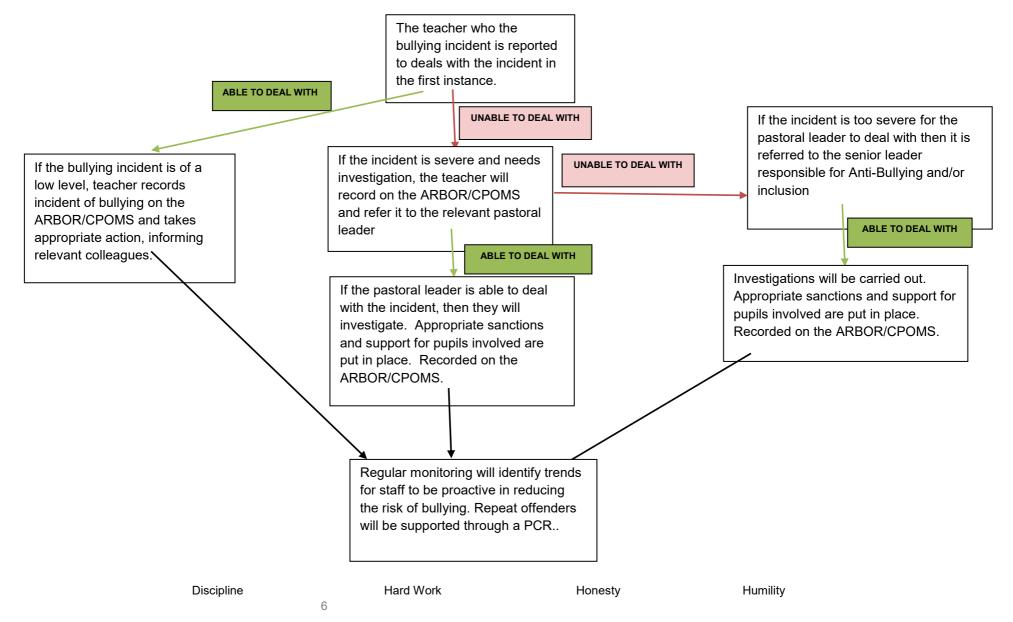
At SBL every member of the school community has a role to play in preventing bullying and creating a safe and positive learning environment for all pupils.

Action will be taken to prevent bullying in the following ways:

 Promoting and maintaining an ethos that encourages respect for others, regardless of each other's differences

- The celebration of different theme months throughout the year, highlighting differences
- Educating pupils on how to recognise 'bullying behaviour' and 'child on child' abuse, helping them to understand the effects of 'bullying behaviour' and modelling appropriate and respectful behaviour through Personal, Social, Health and Economic Education (PSHE) lessons, assemblies and monthly themes (see above)
- Making pupils aware of how to report bullying
- Training staff on how to identify, deal with, and respond to bullying. This should be regularly updated in line with changes to the policy
- Senior Leadership Team (SLT leaders will ensure appropriate and effective supervision of areas of the school which are vulnerable to bullying
- Ensuring that pupils adhere to school policy on mobile phones
- Ensuring that parents/carers are aware of the signs and symptoms of bullying and know how to respond if an incident of bullying occurs
- Raising awareness of anti-bullying campaigns through participation in Anti-Bullying Week and rewarding pupils for positive behaviour
- Utilising mentor where appropriate
- Having clear procedures for responding to bullying. These should be regularly evaluated
- Promoting the positive and safe use of technology and e-safety
- Working with external agencies to promote healthy relationships
- Promoting Mental Health in schools.

5. Procedures for Dealing with Incidents of Bullying



6. Sanctions and Support for Pupils Involved in Bullying

The response and sanctions put in place for aggressors will depend on the severity of the incident, the length of time for which it has been occurring, and the impact on the victim. A range of sanctions may be applied.

Appropriate support for the victims and aggressors may include:

- Restorative practice
- Pastoral report
- Mentoring
- Counselling
- Referrals to external agencies
- Suspension and exclusion.

7. Dealing with Incidents of Bullying of Staff Members

Staff who feel bullied by another member of staff/adult should:

- Discuss concerns directly with that member of staff (where possible)
- Discuss with their line manager
- Report it writing to their line manager/Principal/CEO/Chair of Governors as appropriate*;

Line manager to investigate and take action as appropriate.

* where an incident involves a line manager, refer to that person's line manager.

8. Staff Who Feel Bullied / Targeted by Pupil(s)

Staff who feel bullied/targeted by pupils should:

- Discuss incident(s) immediately with line manager and/or appropriate pastoral leader
- Record and keep any evidence
- Line manager to decide on appropriate action in conjunction with the targeted member of staff.

Actions may include:

- Meeting with pupil(s) and parents(s)/ carer(s)
- Involvement of external agencies, including the police
- Rearrangement of the pupil's timetable
- Suspension.

Examples of unacceptable bullying of staff include:

- Any form of unauthorised photography or videoing of staff in lessons
- Abusive / inappropriate / personal comments via social media (e.g. Snapchat, Facebook, YouTube etc), any other website
- Abusive / personal comments inside or outside of school.

Any incidents of bullying behaviour towards staff by pupils is never acceptable and will be dealt with swiftly and firmly by the school.

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9. Useful Websites and Resources

Anti-Bullying Alliance:

http://www.anti-bullyingalliance.org.uk/

Cybermentors:

http://www.cybermentors.org.uk/

Childnet:

http://www.childnet.com/

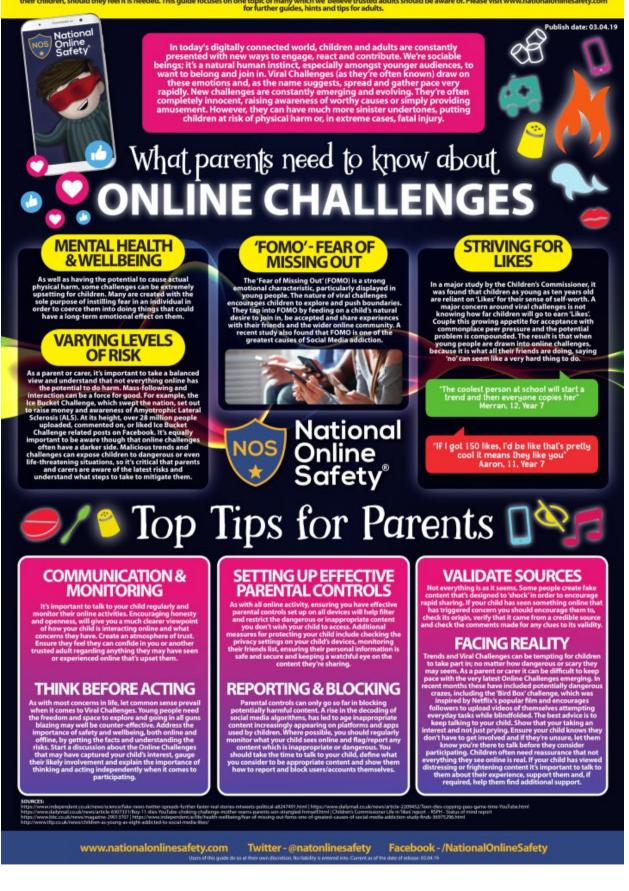
Kidscape:

http://www.kidscape.org.uk/

Department for Education:

Guidance for schools on preventing and responding to bullying Preventing and tackling bullying Cyberbullying - advice for headteachers and school staff Cyberbullying - advice for parents and carers

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.





Why does it happen?

GOING ONLINE MAHES IT EASIER FOR PEOPLE TO SAY AND DO THINGS THEY PROBABLY WOULDN'T DO FACE TO FACE. ONLINE BULLIES DON'T GET TO SEE THEIR VICTIMS' REACTIONS IN REAL LIFE. SO THIS CAN COCOON THEM FROM THE REAL DAMAGE THAT THEY ARE DOING. QUITE OFTEN, PEOPLE BULLY BECAUSE THEY ARE GOING THROUGH SOMETHING DIFFICULT THEMSELVES AND TAKING IT OUT ON OTHERS IS THE ONLY WAY THEY HNOW HOW TO GET CONTROL OF THEIR OWN EMOTIONS.

How does it feel to be bullied?

BEING BULLIED CAN IMPACT ON YOUR SELF-ESTEEM, CONFIDENCE AND SOCIAL SHILLS, BECAUSE IT HAPPENS ON YOUR PHONE, TABLET OR COMPUTER, IT CAN FEEL LIKE YOU ARE UNDER THREAT EVEN WHEN YOU'RE IN A SAFE ENVIRONMENT, SUCH AS YOUR BEDROOM, DON'T FORGET...IT IS NOT YOUR FAULT IF YOU'RE BEING BULLIED.

Am I an online bully?



SOMETIMES IT INN'T OBVIOUS THAT WHAT YOU ARE DDING IS WRONG, BUT IF YOU USE DIGITAL TECHNOLOGY TO UPSET, ANGER OR EMBARRASS SOMEONE ON PURPOSE, THIS MEANS YOU'RE INVOLVED IN ONLINE BULLYING, IT MIGHT BE AS SIMPLE AS 'LIHING' A MEAN POST, LAUGHING AT AN ONLINE VIDEO, OR SPREADING A RUMOUR, BUT THE PERSON BEING BULLIED COULD FEEL LIKE THEY ARE BEING GANGED UP ON, THINH ABOUT HOW IT WOULD MANE YOU FEEL IF IT HAPPENED TO YOU. EVERYONE CAN MARE MISTAHES, BUIL IT'S IMPORTANT TO LEARN FROM THEM - GO BACH AND DELETE ANY UPSETTING OR NASTY POSTS, TWEETS OR COMMENTS YOU'VE WRITTEN.

Who do I tell?

YOU DON'T HAVE TO DEAL WITH THE BULLYING ON YOUR OWN. TALH TO AN ADULT THAT YOU TRUST – A PARENT, GUARDIAN, OR TEACHER. MOST WEBSITES, SOCIAL MEDIA WEBSITES AND ONLINE GAMES OR MOBILE APPS LET YOU REPORT AND BLOCH PEOPLE WHO ARE BOTHERING YOU. YOU COULD ALSO CONTACT CHILDLINE (WWW.CHILDLINE.ORG.UH), WHERE A TRAINED COUNSELLOR WILL LISTEN TO ANYTHING THAT'S WORRYING YOU – YOU DON'T EVEN HAVE TO GIVE YOUR NAME.

How do I prove it?

WHEN CYBERBULLYING HAPPENS, IT IS IMPORTANT TO DOCUMENT AND REPORT THE BEHAVIOUR, SO IT CAN BE ADDRESSED – RECORD THE DATES AND TIMES WHEN CYBERBULLYING HAS OCCURRED, AND SAVE AND PRINT SCREENSHOTS, EMAILS, AND TEXT MESSAGES.

How can I stay safe?

MAHE SURE YOUR PRIVACY SETTINGS ARE SET SO THAT ONLY PEOPLE YOU HNOW AND TRUST CAN SEE WHAT YOU POST. NEVER GIVE OUT PERSONAL INFORMATION ONLINE, SUCH AS IN PUBLIC PROFILES. COMMUNICATION OR BLODS, AND AVOID FURTHER Communication with those sending the messages. Heep aware of fahe profiles and internet users pretending to be someone that they are not.



Phone - 0800 368 8061



Signs and Symptoms of Bullying

- Student does not want to come to school, pretending to be ill, attendance starts to decrease
- Falling behind on school work
- Lack of eye contact
- Student starts to withdraw from normal activities in school
- Minimising windows on their computer screen. This could be an indication that malicious emails or messages have been received
- Your child doesn't want you to know who they have been on the phone to or what they have been doing on the internet
- Your child talks about wanting to change their phone number
- Not wanting to use the computer anymore
- Personality changes e.g. becoming less sociable, lack of confidence, tearful, irritable, hypersensitivity, mood swings, loss of humour
- Changes to eating habits
- Withdrawing from social situations not spending time with friends
- Doesn't answer their phone or reply to texts when they normally would
- Negative outlook
- Poor concentration, panic attacks, forgetfulness, fatigue, stress
- Low self-confidence and self-esteem. Lack of selfworth
- Self-harming and threatening suicide
- Changing their normal route to and from school
- Increasing reliance on alcohol and drugs.

Supporting your child - General Advice

- Talk to your child without getting upset. Clarify with them what they have said to you so you show that you have understood what they have said
- Reassure them that being bullied is not their fault
- Never tell your child to hit others or shout names back as this can make the situation worse
- Don't dismiss what they have said: it has probably taken them a long time to build up the courage to talk about the problem
- Contact us at school so we can investigate the problem
- Keep any evidence and do not reply.

Supporting your child - Cyberbullying

- Talk to your child about how they use their phone and the internet
- Talk to them if they seem distressed after using their phone or the internet
- Make use of safety features online. Most social networking sites have a facility for reporting abuse
- Do not delete any evidence. If your child has been harassed with texts and emails then save the evidence and DON'T REPLY
- Encourage your child to write down what has happened and when it occurred
- As a last resort, the network provider can change your child's mobile number
- Contact us at school so we can investigate the problem
- If the incident is severe and a potential criminal offence then also contact the police.

If you suspect your child might be a bully:

- Discuss their behaviour with them and ask them to consider how their actions might be making others feel and how they would feel if this was happening to them or someone they care about.
- Try to find out if something has happened which has caused them to start bullying someone else.
- Make them aware of how serious the situation is. The school and the police could become involved if it does not stop.
- Ask them to stop the bullying behaviour and encourage them to try to make amends.
- Monitor their online activity and mobile phone usage. Move their computer into a room where you can see what they are doing. Take away their internet access and mobile phone if you suspect that they are using these to hurt others.
- Contact us at school if support is needed. We can help to investigate the problem.

Dealing with Incidents of Staff Cyberbullying: Advice for Staff

Below is some recommended guidance from Childnet International:

- Staff should never retaliate to, i.e. personally engage with, cyberbullying incidents. They should report incidents appropriately and seek support.
- Keep any records of the abuse text, emails, voice mail, web site or instant message. Do not delete texts or emails. Take screen prints of messages or web pages, and be careful to record the time, date and address of the site.
- Staff should inform the appropriate person (for example, their department or year head, or the designated member of senior management) at the earliest opportunity.
- Where the perpetrator is known to be a current pupil or co-worker, the majority of cases will be dealt with most effectively by the school's own mediation and disciplinary procedures.
- Although the technology seemingly allows anonymity, there are ways to find out information about where bullying originated. However, it is important to be aware that this may not necessarily lead to an identifiable individual. For instance, if another person's phone or school network account has been used, locating where the information was originally sent from will not, by itself, determine who the bully is. There have been cases of people using another individual's phone or hacking into their IM or school email account to send harmful messages.
- If a potential criminal offence has been committed and the school is not able to identify the perpetrator, the police may issue a RIPA (Regulation of Investigatory Powers Act 2000) request to a service provider, enabling them to disclose the data about a message or the person sending a message.
- Monitoring and confiscation must be appropriate and proportionate.
 Parents, employees and learners should be made aware in advance of any monitoring (for example, of email or internet use) or the circumstances under which confiscation might take place.

School Employee Unions and Professional Associations

The following are members of the DCSF's Cyberbullying Taskforce:

Association of School and College Leaders (ASCL) Phone: 0116 2991122 ASI: 🗱 Web: www.ascl.org.uk Association of Teachers and Lecturers (ATL) Phone: 020 7930 6441 Web: www.atl.org.uk National Association of Head Teachers (NAHT) Phone: 01444 472472 NAH Web: www.naht.org.uk NASUWT Phone: 0121 453 6150 Web: www.nasuwt.ora.uk he Teachers' National Governors' Association (NGA) National Phone: 0121 643 5787 ng d Association Web: www.nga.org.uk National Union of Teachers (NUT) Phone: 020 7388 6191 Web: www.teachers.org.uk Linison Phone: 0845 355 0845 Web: www.unison.org.uk Voice: The Union for Educational Professionals Phone: 01332 372 337 Web: www.voicetheunion.org.uk

Teacher Support Network Phone: 08000 562 561 Web: www.teachersupport.info



Information on this page reproduced courtesy of Childnet International, 'Cyberbullying: A whole school community issue' for the DCSF.

Preventative Action

Regularly review your security settings if you use social networking sites. Check search engines to check what images and information is associated with your name

Be aware of how you present yourself online and who can see what you post. If you post videos, photos or personal information online then think about whether you would be happy for a potential employer, colleague or student to see this

Ensure you know who can view content you post and how to restrict it. If you are not sure how to restrict content you post then assume it is in the public domain If you find that you have been misrepresented online then ask for this post to be removed. If it is workrelated then see your line manager immediately Serious incidents of cyberbullying should be reported

as soon as possible to your line manager.

Getting Offensive Content Removed

Ask that the person who has posted this content to take it down

If the person who has posted the malicious content is unknown then SLT should contact the host e.g. social networking site to make a report and ask for it to be taken down.

If your personal identity is compromised then you will need to prove your identity and lodge a complaint with the service provider

The police should be contacted if illegal content is posted.

Social networking sites (e.g. Bebo, FaceBook, MySpace) Contacts of some social network providers:

Bebo: Reports can be made by clicking on a 'Report Abuse' link located below the user's profile photo (top left-hand corner of screen) on every Bebo profile page. Bebo users can also report specific media content (i.e. photos, videos, widgets) to the Bebo customer services team by clicking on a 'Report Abuse' link located below the content they wish to report.

www.bebo.com/Safety.jsp.

Facebook: Reports can be made by clicking on the 'Report' link located on pages throughout the site, or by email to abuse@facebook.com.

www.facebook.com/safety.

MySpace: Reports can be made by clicking on the 'Contact MySpace' link at the bottom of every MySpace page and selecting the 'Report Abuse' option. Alternatively, click on the 'Report Abuse' link located at the bottom of each user profile page and other user generated pages. Inappropriate images can be reported by clicking on the image and selecting the 'Report this Image' option. Additionally, school staff may email MySpace directly at Video and photo hosting sites

YouTube: Logged in YouTube members can report inappropriate content by using the 'flag content as inappropriate' function which appears under every video.

http://icanhaz.com/YouTubeAbuseSafety.

Flickr: Reports can be made via the 'Report Abuse' link which appears at the bottom of each page. Logged in members can use the 'flag this photo' link to report individual pictures.

www.flickr.com/guidelines.gne.

Instant Messenger

It is good practice for Instant Messenger (IM) providers to have visible and easy-to-access reporting features on their service. Instant Messenger providers can investigate and shut down any accounts that have been misused and clearly break their terms of service. The best evidence for the service provider is archived or recorded conversations, and most IM providers allow the user to record all messages.

Contacts of some IM providers:

MSN: When in Windows Live Messenger, clicking the 'Help' tab will bring up a range of options, including 'Report Abuse'.

Yahoo!: When in Yahoo! Messenger, clicking the 'Help' tab will bring up a range of options, including 'Report Abuse'.

Chatrooms, individual website owners / forums,

message board hosts

It is good practice for chat providers to have a clear and prominent reporting mechanism to enable the user to contact the service provider. Users that abuse the service can have their account deleted. Some services may be moderated, and the moderators will warn users posting abusive comments or take down content that breaks their terms of use.

10. Links with Other Policies

This Anti-Bullying Policy is linked to:

- Behaviour for Learning and Discipline Policy
- Special Educational Need/Disability (SEND) and Inclusion Policy.